



*Our Mission is to know, love and serve God by living the Eucharist.*

Promulgated on Pentecost Sunday, 2013

420 Irving Street | Alexandria, MN 56308 | (320) 763-5781



The Church of  
St. Mary

**AUGUST 12, 2018**

**THE 19<sup>TH</sup> SUNDAY IN ORDINARY TIME**



Women IN *the* New Evangelization

**WINE EVENT**

**Wednesday, Sept. 12, 2018**

**6:00 - 8:30 PM**

**The Church of St. Mary**

Do you hunger to know the Lord? Do you want to build a deeper relationship with Him? Do you want to make Him the center of your life? Then join the women of St. Mary's as we come together in fun and fellowship to light the fire of the Holy Spirit within us! Come and listen to Kelly Wahlquist, as she shares how God spoke to her to bring women together with WINE; Women in the New Evangelization.

There will be fun appetizers, some tasty wine, a bit of chocolate, beautiful music, laughter, amazing inspiration, and fellowship with other women who want to grow in their faith!

**TO SIGN UP:**

<https://www.eventbrite.com/e/women-wine-wisdom-event-tickets-4740327747>

Questions: Contact Deb Hadley at [kthumblehearts@gmail.com](mailto:kthumblehearts@gmail.com) or 507-227-4220

Cost: Free-will offering



**SPEAKER:**

**Kelly Wahlquist** is a Catholic speaker and author. She is the Associate Director for the Archbishop Harry J. Flynn Catechetical Institute, founder of WINE: Women In the New Evangelization, and contributing writer for *Catholicmom.com*. Her book, *Created to Relate: God's Design for Peace & Joy*, inspires women to live fully their beautiful God-given gifts for building relationships.

**READINGS FOR THE WEEK OF AUGUST 12<sup>TH</sup>**

**Mon.** Ez 1:2-5, 24-28c; Mt 17:22-27

**Tue.** Ez 2:8—3:4; Mt 18:1-5, 10, 12-14

**Wed.** Rv 11: 19a; 12:1-6a, 10ab; 1 Cor 15:20-27;  
Lk 1:39-56

**Thurs.** Ez 12:1-12; Mt 18:21—19:1

**Fri.** Ez 16: 1-15, 60, 63; Mt 19:3-12

**Sat.** Ez 18:1-10, 13b, 30-32; Mt 19:3-15

**Sun.** Prv 9:1-6; Eph 5:15-20; Jn 6:51-58

**WEEKLY MASS SCHEDULE**

**Tue.** 5:00 PM +Jack Juettner

**Wed.** 8:30 AM **CEMETERY** +Barb Kleinschmidt  
7:00 PM +Irma Cattoor

**Thurs.** 7:00 AM ++Raymond & Dorothy Trousil  
2:00 PM Windmill Pond +Thomas Gobel

**Fri.** 8:30 AM +Gregory Kapsner

**Sat.** 5:00 PM Intentions of the Huls Family

**Sun.** 8:00 AM For the Parish  
10:00 AM +Rosie Koudela

**NEW MEMBERS:** To register, stop by our Hospitality Desk located in the Commons Area of the church or visit our website to complete the registration online.

**CONTACT US**

[www.stmaryalexandria.org](http://www.stmaryalexandria.org)  
[stmary@stmaryalexandria.org](mailto:stmary@stmaryalexandria.org)

## FROM OUR PARISH BUSINESS ADMINISTRATOR

Fr. Steve is vacationing in Florida, so here is a brief administrative update.

❖ Rwanda mission results – St. Mary's sent in a total of \$15,000 for the Rwanda mission. Fr. Honoratus Mwageni responded to this news, "This is great! Thank you for the generosity of all the parishioners."

❖ Picture directory is in the proofing stages. We are hoping to receive printed directories for pickup sometime in the fall. We will keep you updated as we get closer to an actual date. A big THANK YOU to Laurie Bienias for the many, many hours put into the project!

❖ Our Caring & Sharing trailer was damaged by a West Central Sanitation (WCS) garbage truck in July. Thank you to Jeff Bertram and the WCS team in quickly rectifying the situation by getting us an upgraded replacement trailer before our next pickup/delivery day.

❖ Thank you to Gina Pohlen for leading an unforgettable mission trip to Grenada. I was one of the chaperones on the trip with 24 amazing youth from our parish. The sweet Holy Spirit was indeed at work! Thank you to the St. Mary's of Alexandria Catholic Foundation for supporting our youth on a life-changing faith formation experience!

❖ The St. Mary's of Alexandria Catholic Foundation and the St. Mary's Catholic School Trust Fund are two separate legal entities from The Church of St. Mary. These two 501(c)(3) charitable organizations have separate Board of Directors and are established for the purpose of supporting St. Mary's activities on a long-term basis. These entities make excellent beneficiaries in wills & trusts.

❖ Look for our annual report, *Stewardship: Our Way of Life*, that should be arriving at your homes early next month. There will be key financial information as well as some great stewardship stories!

❖ Starting September 11, the Stewardship Committee is hosting Dave Ramsey's Financial Peace University. This personal financial seminar is well done and has been well received in the past. This year the seminar has been shortened to 9 weeks and will be led by Heidi Hawkins, Josh & Renee Sanden & Randy Meyer. Sign up at the hospitality desk or contact the parish office.

Thank you for your continued generosity in sharing the gifts God has entrusted you with. St. Mary's continues to be a vibrant parish within the Alexandria Lakes Area & beyond because of you! For all who are heading off to college or back to school, know that St. Mary's is praying for you.

With gratitude,  
Todd Wentworth, Parish Business Administrator

**THANK YOU** to Sylvia Klimek, Jan Anderson and Team 3 for serving the funeral luncheon for Mildred Benzinger.  
Thank you to those who brought bars in disposable containers.

+ We wish to offer our sympathy and promise of prayers to family and friends of Mildred (Midge) Benzinger

## PARISH STAFF

**Steve Binsfeld**.....320-763-5781  
Pastor

**Todd Wentworth**.....320-763-5781  
Parish Business Administrator

**Laurie Youngers**.....320-763-5781  
Director of Music & Liturgy

**Kathy Fischer**.....320-762-2320  
Parish Nurse

**Troy Sladek**.....320-763-5861  
School Principal & Elementary Religious Education

**Laurie Bienias**.....320-763-9202  
Logistics Coordinator

**Gina Pohlen**.....320-763-9202  
Coordinator of Youth Ministries & Confirmation

**Elmer Kobbermann**.....320-834-3103  
**Francie Peterson**.....320-360-0325  
Parish Trustees

## SACRAMENTS

**RECONCILIATION** Saturday at 4 PM in the Blessed Sacrament Chapel (room behind presider's chair; also has a separate entry)

### BAPTISM

All parents must take the Baptism Preparation Course. Call the Parish Office to sign up. Check our website for dates.

### PREPARATION FOR MARRIAGE

Members of the parish (or children of members) must arrange for marriage at least 6 months in advance. Contact the Parish Office for more info.

### ANNOINTING OF THE SICK

is held the 1st Sunday of the month, immediately following the 8AM Mass. Those who wish to be anointed are asked to come to the front of the church.

## FINANCIAL GIFTS

### COLLECTION FOR THE WEEKEND OF AUGUST 5, 2018

	ACTUAL	BUDGETED
Sunday Envelope	\$24,716	\$29,941
Loose	\$3,100	\$2,115
Sunday Children	\$8	\$115

A more detailed report may be viewed at the Parish Office.

## COMMUNITY NEWS

### KNIGHTS OF COLUMBUS CHICKEN AND CORN FEED

is Monday August 13th, social at 6:00 PM, meal at 7:00 PM for Knights, their family and guests. Also Knights' widows are invited. It will be held at the Knights of Columbus Hall. (located at 6th and Nokomis Street)

### THE COMMUNITY BLOCK PARTY

is just weeks away. Starting weekend of August 4th there will be empty baskets and sheets of theme ideas available in the Great Hall for the Silent Auction. A reminder - save garden produce, preserves and plants for the Country Store and cakes, bars, candy and other sweets for the Spin For Sweets Booth. We also need pies for the Pie and Ice Cream booth and most of all we need volunteers to make this Block Party the best one ever. Starting the weekend of August 18th there will be sign-up sheets in the gathering area and they will be up until the weekend of September 1st. **THE BLOCK PARTY IS SUNDAY SEPTEMBER 9TH.** Mark your calendars; you do not want to miss this fun event!

## PRAYER CORNER

If you or someone you know in our parish community is sick or ill, or has a family member who could use our prayers, please call our Parish Nurse, Kathy Fischer, at 762-2320.



### Please remember the following people in your prayers:

Ruth Partington, Ken Judson, Scott Addy, Carol Peterson, Lorine Vipond, Yvonne Lorsung, Betty Schlosser, Patrick Stroh, Dan Woods, Geno Ley, Lois Peterson, Kevin Richmond, Shirley Henshaw, Bob Roth, Sylvia Krason, Donna Wussow, Doris Reznecheck, Jane Maass, Dick Wagner, Francis Fetter, Gretchen Rivers, Paul Roers, Andrew Herges & Doug Bakke.

**IT'S A GRAVE MATTER** - The foot stone raising project is complete. We had estimated it would take at least two years. In the back of my mind I knew we could get it done in one year if the people of The Church of St Mary turned out to help. Turn out you did! We were done in seven weeks.

Thank you to all who gave of your time and energy. Thanks also to all those who brought bars, brownies, sandwiches, doughnuts, cheese, meat and crackers. You have no idea how much that lifted spirits on the long hot days. It is a sign that people really do care.

As a thank you to all, we invite all who worked on this project, even for an hour, to join us in a ceremonial raising of the last footstone. (Yes, we saved one!) We will do this on Thursday, August 23, at 6:30PM. Immediately following the final raising, we will have 3 Bs (brats, beans and beverages). Please join us in fellowship as we say thank you.

**THE DAUGHTERS OF ISABELLA** will meet for their monthly meeting in the St. Mary's Commons Area on Thursday, August 16, at 7PM.

**ON BEHALF OF HABITAT OF HUMANITY**, we offer our thanks to all the St. Mary's volunteers that came to help build a Habitat home in Brandon. A special thank you to Sister Rita and women who supplied the wonderful lunch and snacks. Thank you all.

Ron and Judy Gallus  
Parish Habitat for Humanity Liaison

### — BANS OF MARRIAGE —

Il Robert Lamp & Anita Bickett

## ABOUT LIFE

**JUSTICE PEACE AND THE INTEGRITY OF CREATION (JPIC) : ISAIAH 42** *"Here is my servant, whom I uphold, my chosen one in whom I delight; I will put my spirit on him, and he will bring justice to nations. He will not shout or cry out, or raise his voice in the streets. A bruised reed he will not break, and a smoldering wick he will not snuff out. In faithfulness he will bring forth justice; he will not falter or be discouraged till he establishes justice on earth. In his teaching the islands will put their hope."*

It is hoped that many were able to be present to celebrate the PEACE MASS on Tuesday August 7. If not, handouts from that mass are available at the church doors. Please take one and pray for change in the attitudes we have within ourselves that prevent the gift of God's peace from being truly present in us and visible to others in our lives. May that peace, once found, spread throughout our nation and the world.

### SANCTITY OF LIFE:

Visit St. Mary's Sanctity of Life online, at <http://sanctityoflifestm.org/> for information and resources.

# FAITH FORMATION

stmreled@stmaryalexandria.org | 320-763-9202



## Living the Promise Funds Received

St. Mary's Religious Education is pleased to announce that \$500 has been received from the Living the Promise funds for Catholic schools and youth or adult faith formation. This is facilitated by the Catholic Foundation for the Diocese of Saint Cloud. The Catholic Foundation is a non-profit organization that acquires, manages, and distributes financial gifts and bequests in service to the Catholic community and parishes of the Diocese of Saint Cloud. Religious Education will be using this funding to help support our Inspired to Be speaker series. This series is teaching us how to live out the beatitudes in our daily lives.

Thanks again to all those who prayed for and supported the youth and adults who went on Mission to Grenada. We enjoyed sharing our story with you at the breakfast. If you missed it, here are a few photos to see the youth at work.



## ADULT FAITH FORMATION

**ADULT BIBLE STUDY:** Tuesday evenings in the Great Hall immediately following the 5 PM mass. Call Mike at 759-1911 for more info.

**MEN'S BIBLE STUDY:** Thursday mornings in the Commons Area of the church at 6 AM. Call Mike at 759-1911 for more info.

**WOMEN'S BIBLE STUDY:** The St. Mary's Women's Bible Study meets yearlong with short intermissions between sessions. Each study is nonthreatening and geared for both the beginner and seasoned studier. A Saturday morning and Sunday evening session is offered with the ability to alternate between sessions. Our goal is to grow in faith and fellowship together. We hope you'll join us for the fall study. Watch for details! Contact Tammy 320-808-6404 or Lori 320-808-1145 email: biblestudywomen@gmail.com

**ST. MARY'S PRAYER LINK:** If you have a prayer request, please send to Wosepkak@aol.com or phone Kelly Wosepka at 320-815-4655, or Julie Desautels at 846-1842. All prayer requests will be kept confidential.

**PRAYER OPPORTUNITIES** in the Blessed Sacrament Chapel, Rosary: Sundays (before Mass) 7:35 AM & 9:35 AM

**HOLY SPIRIT PRAYER GROUP:** Thursdays 5:30-6:00 PM (rosary in Commons Area) 6-7 PM prayer time in the Chapel. Contact Jim Joerger at 834-2945.

**DIVINE MERCY HOUR:** Mondays from 3-4 PM. Contact Barb Nei at 846-0022.

**SANCTITY OF LIFE PRAYER GROUP:** Meets the 1st Wednesday of every month at 7 PM. Contact Louise Revering at 762-8632.

**EUCCHARISTIC ADORATION, A STEWARDSHIP OF PRAYER.** Have you been wondering how you can be a good steward at St. Mary's, but are just not sure where to begin? Consider an Adoration time with our Lord in the quiet of the Blessed Sacrament Chapel and let Him be your guide to stewardship. For more information you can contact Sue McCulloch at 320-491-7006; tscamcculloch@charter.net. Thank you.

Open times:

Mon: 4-5 am, 2-3 pm; Tues: 3-4 pm; Wed: 7-8 pm, 11-midnight; Thur: 2-3 pm, 3-4 pm, 4-5 pm, 10-11 pm; Fri: 3-4 am, 4-5 am, 10-11 am, 2-3 pm

# ST. MARY'S SCHOOL

St. Mary's School educates the whole child within a nurturing Catholic Christian environment

stmaryss@stmaryalexandria.org | 320-763-5861

2018-2019



## THERE IS STILL TIME TO ENROLL!

If you have concerns with your community school and are contemplating a change, now is the time to consider St. Mary's School. Discover the value of learning in a faith-based community where small class sizes provide individualized learning opportunities!

This year's kindergarten classes currently have 13 students per class and the average class size for grades 1-4 is 16 students.

Along with the smaller class sizes, St. Mary's School also offers:

- Current technology. Students in grades 3-6 are provided their own tablet to assist in their education.
- A Spanish Foreign Language Program provided to all students.
- We learn and grow in our Faith every day and celebrate Christmas and Easter.
- Parent involvement is encouraged and welcomed.
- Tuition assistance is available...no child has ever been turned away from St. Mary's School due to financial concerns.

St. Mary's School is still accepting students in all grades for the upcoming school year. Contact Mr. Sladek to learn more and schedule a tour.

### SCHOOL HAPPENINGS

**Scholarship Applications** from the St. Mary's School Trust Fund are due by August 31st.

**St. Mary's School New Family Meeting** is scheduled for 6:30 p.m., followed by **Open House** at 7 p.m. on Thursday, August 30th.

### CALENDAR RAFFLE WINNERS

#### AUGUST 2018

August 5	Deb Ristvedt, Alexandria \$35
August 6	Bree Sanden, Alexandria \$20
August 7	Bonnie Honkomp, Alexandria \$20
August 8	Laura Khaghany, Alexandria \$20
August 9	Travis Thorson, Alexandria \$20
August 10	Patty Skiba, Alexandria \$20
August 11	Ashlie Bradley, Alexandria \$20

## LITURGICAL AND MUSICAL NOTES

### Homily Feedback



Paul Turner

You critique your homilist all the time. Talking with other parishioners, around the family table, at work, and in your mind over and over you've formed a lot of opinions about what your preacher says. But have you ever told a homilist what you think?

Most preachers get very little feedback from the assembly. But preachers have ways of finding out what people think. Does the parent of a crying child make any effort to calm the baby? Are people reading the bulletin instead of listening to the talk? Do jokes fall flat? Are some people poised to stand up as soon as the homily ends, like sprinters waiting for the whistle? Preachers have a general idea how attentive the listeners are. But most preachers don't get systematic feedback. And homilists rarely get to hear one another. You may try out several different preachers in the course of a year, but homilists don't. They work on Sundays.

If you've got something to say to your homilist, you'd do the whole parish a favor by speaking up. You should say positive things as well as negative ones. And never do it anonymously. Say it in person, on the phone, or write it and sign your name. You'll learn tact and you'll accept responsibility for what you say. Your preacher may want to talk with you about your ideas. Here are some points to consider when you give feedback:

**Communication:** Do you get the point of the talk?

**Organization:** Does the homily have a beginning, a middle, and an end?

**Scripture:** Does the homily help you understand and apply the Scripture?

**Significance:** Does the homily touch your life?

**Appearance:** Do your preacher's appearance or habits distract you from the message?

**Sincerity:** Does your preacher seem to believe the message?

**Audio:** Do the sound system and acoustics help you hear?

**Improvement:** Is your preacher better now than a year ago?

Only you can change your opinions from idle gossip to helpful dialogue.

### The Root of Dental Care

Healthy teeth and gums count for more than a pretty smile in pictures. Regular brushing, flossing and trips to the dentist help prevent both cavities and serious gum disease.

#### Brush your best!

- Use a brush with soft bristles to avoid harm to your gums.
- Aim for 30 seconds in each quadrant of your mouth for a total of 2 minutes.
- Brush at least twice a day. Make sure one time is before you go to bed.
- Use a toothpaste with fluoride for the best protection against plaque and tartar build-up.
- Remember to brush your tongue — bacteria live on your tongue as well as on your teeth.
- Floss! It's just as important as brushing and most effective just before bed.
- Be sure to change your toothbrush every two to three months.
- Visit the dentist regularly for check-ups and cleanings.
- Finally, try to eat and drink fewer sugary foods. A healthy diet means healthy teeth and gums.



#### Did you know?

- Before the modern era, people used some of these mixtures to clean their teeth: powders made from ashes, eggshells and pumice; ground chalk or charcoal; tobacco and honey mixture; powder of burnt bread mixed with soap.
- 100 years ago, few people had a daily habit of brushing teeth. Concerned about rotting teeth of soldiers, the US Army provided toothbrushes and toothpaste during WW II. Later, a Pepsodent ad campaign appealed to the masses by promising a brighter smile, and the habit took hold.
- 47 percent of adults aged 30 years and older have some form of gum disease.
- An even higher 70 percent of adults 65 years and older suffer from gum disease.
- Researchers are studying a link between gum disease and heart disease.
- Another area of study is an association between gum disease and early labor and low birth weights.
- Protecting your smile could have long-lasting benefits for your overall health.

*From Church Reader Health, Summer 2018, p. 7*

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the goodness of  
the Lord.

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