

2020 GO-TO GUIDE

FOR LENTEN PARISH RESOURCES

Lent, Weeks 3 & 4



Angels of the blocked tomb, stand guard over the parts of our lives that await being raised from the dead. Release any boulders holding us back so we can go forth to share our spiritual renewal after receiving it.

Mary of Magdala, with your experience as an inspiration, our yearning for the Divine Gardener will grow to be as true and strong as yours. May we become devoted as you were so that we, too, meet and recognize the Holy One in the garden of our lives.

Spirit of the risen Christ, nurture our hope. Continue to lead us to experiences that roll away the stone of entombment. Be the radiance that lights our way. Guide us toward a life dedicated to loving unconditionally.

-Joyce Rupp, Prayer Seeds, A Gathering of Blessings, Reflections and Poems for Spiritual Growth

OUR MISSION

To know, love, and serve God by living the Eucharist.



The Church of
St. Mary

There is so much happening at our parish and in our community during this season. It can be hard to find the time to seek much-needed resources for Lenten reflections. St. Mary's has created a "2020 Go-To Guide for Lenten Parish Resources."

Use these videos, books, podcasts, daily devotionals, and email reflections to ignite and inspire you and your family to reflect on your relationship with Jesus Christ.

REFLECTIONS

My Beloved Son: Meditations for Lent

by Bishop Robert Barron

Bishop Robert Barron offers five sermons on the spiritual discipline we must cultivate in the Lenten season, a discipline centered on Christ. These meditations cover topics such as finding our identity in God, prayer as the key to mission, our thirst for God, how to end our alienation from God, and how to embrace the way of happiness joyfully.

formed.org

Stations of the Cross

with Bishop Robert Barron

Reflect on the passion and journey of Jesus as you watch this beautiful stations of the cross video.

wordonfire.org

The Journey of a Man of Sorrows

by Peg Regan

This contemporary Stations of the Cross invites us to reflect on the journey of an immigrant to "el Norte." Reflect on this tortuous journey undertaken each day by immigrants striving to find a better life.

atlanticmidwest.org

ONLINE

Lent-40 Ideas to Get the Most Out of it

Dr. Marcellino D'Ambrosio

40 fresh, practical Lenten ideas to make Lent a Season of spiritual progress and personal breakthrough! New ideas for a new experience of this season of transformation!

crossroadsinitiative.com

Forgiven

By looking at God's revelation of his mercy in Scripture and making a step-by-step examination of the Rite itself, Forgiven communicates God's invitation to each one of us to come experience his indescribable love in the Sacrament of Reconciliation.

formed.org

BOOKS/DEVOTIONAL

What Are You Looking For? Seeking the God Who Is Seeking You

Joan Chittister

An insightful, passionate, and honest exploration of the religious life, a life lived entirely through the filter of the Gospel.

Prayer Seeds, A Gathering of Blessings, Reflections and Poems for Spiritual Growth

Joyce Rupp

The bestselling author offers almost a hundred new selections on a variety of themes such as the feasts and seasons of the liturgical year, compassion, and difficult times—all suitable for personal or group prayer.

PODCASTS

How to Live this Lent for Others

The Fr. Mike Schmitz Catholic Podcast

Lent is about transformation, but that transformation will be incomplete if we make it about ourselves. Instead of aiming for self-mastery alone this Lent, what is the key to living this Lent for others?

FAMILIES AND CHILDREN

Let's Learn About Lent

Formed

Join Brother Francis in this compact presentation of what Lent is all about and how we observe it as Catholics. Great for the whole family!

formed.org

Family Prayers for Lent

Andy Alexander, SJ, Maureen McCann Waldron

One of the real challenges that we too often find in our busy lives is finding time to be together as a family. It is especially difficult to find opportunities to pray together. Here are a few possibilities for praying as a family during Lent or at any other time of the year.

loyolapress.com