

# 2020 GO-TO GUIDE

## FOR LENTEN PARISH RESOURCES

Lent, Weeks 5 & 6



God of eternal life,  
whose glory is the human person fully alive,  
in the tears that Jesus shed for his friend Lazarus  
we see the living incarnation of your tenderness and compassion.

Behold your church,  
which mourns and prays as a mother  
for her children whose sins have brought them death.

By the power of your Spirit, call us back to life,  
unbind us and let us go free.

We ask this through Christ, our Lord. Amen

### OUR MISSION

To know, love, and serve God by living the Eucharist.



The Church of  
St. Mary

There is so much happening at our parish and in our community during this season. It can be hard to find the time to seek much-needed resources for Lenten reflections. St. Mary's has created a "2020 Go-To Guide for Lenten Parish Resources."

Use these videos, books, podcasts, daily devotionals, and email reflections to ignite and inspire you and your family to reflect on your relationship with Jesus Christ.

## REFLECTIONS

### Vision and Viewpoint

*by Sister Joan Chittister*

Vision and Viewpoint includes Sister Joan's FREE weekly message, *Ideas in Passing*. It also includes news, poems and more. Subscribers to this weekly email newsletter also receive notice of Sister Joan's new book releases, open registration for online courses, special pricing on books and spirituality materials and other helpful information. [joanchittister.org](http://joanchittister.org)

### The Divine Mercy Novena

A novena is typically nine days of prayer in preparation of a celebration of a feast day. At the National Shrine of The Divine Mercy, the Chaplet of Divine Mercy Novena is recited perpetually at the Hour of Great Mercy — the three o'clock hour. [thedivinemercy.org](http://thedivinemercy.org)

### Spring Challenge 2020

*Alexis Waid*

3 months of cleaning out the things in your life that are holding you back and replace them with God's love, truth and grace.

[spirituallyhungry.com](http://spirituallyhungry.com)

## ONLINE

### Presence

*The Mystery of the Eucharist*

Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life.

[formed.org](http://formed.org)

### 3-Minute Retreat

*Mike Lorenzo*

3-Minute Retreats invite you to take a short prayer break right at your computer. Spend some quiet time reflecting on a Scripture passage.

Knowing that not everyone prays at the same pace, you have control over the pace of the retreat. After each screen, a *Continue* button will appear. [loyolapress.com](http://loyolapress.com)

## BOOKS

### The Cries of Jesus from the Cross

*Archbishop Fulton J. Sheen*

As death approaches, the human heart speaks its greatest words of love to those it holds most dear. So it was with Jesus who in His final hours gave us seven last "words" rich with spiritual meaning for every human soul.

### From Ashes to Glory

*Dan Schutte*

A prayer book for Lent & Easter, with a companion music CD.

*Alice Camille*

Jesus' final sayings from the Cross reach far beyond Good Friday and the hill on Calvary.

## PODCASTS

### Interview with Michel Martin of NPR

Sister Joan speaks with Michel Martin of National Public Radio on the subject of Lent.

[joanchittister.org](http://joanchittister.org)

## FAMILIES AND CHILDREN

### Catholic I.Q. - Lent and Easter

*David O'Brien*

This quiz can help you and your family review your knowledge about our Catholic faith. Permission is granted to share at church, school, or at home.

[catechist.com](http://catechist.com)

### Project YM Live

*A Weekly Live Youth Night*

Teens are able to log on Sunday nights for a free live broadcast! We've even got additional resources for parents and youth ministers to have follow up conversations with your teens after the broadcast.

[projectym.com](http://projectym.com)

## Seven Last Words