

2020 GO-TO GUIDE

FOR LENTEN PARISH RESOURCES Lent, Weeks 5 & 6



God of eternal life,
whose glory is the human person fully alive,
in the tears that Jesus shed for his friend Lazarus
we see the living incarnation of your tenderness and compassion.

Behold your church,
which mourns and prays as a mother
for her children whose sins have brought them death.

By the power of your Spirit, call us back to life,
unbind us and let us go free.

We ask this through Christ, our Lord. Amen

OUR MISSION

To know, love, and serve God by living the Eucharist.



The Church of
St. Mary

There is so much happening at our parish and in our community during this season. It can be hard to find the time to seek much-needed resources for Lenten reflections. St. Mary's has created a "2020 Go-To Guide for Lenten Parish Resources."

Use these videos, books, podcasts, daily devotionals, and email reflections to ignite and inspire you and your family to reflect on your relationship with Jesus Christ.

REFLECTIONS

Vision and Viewpoint

by Sister Joan Chittister

Vision and Viewpoint includes Sister Joan's FREE weekly message, *Ideas in Passing*. It also includes news, poems and more. Subscribers to this weekly email newsletter also receive notice of Sister Joan's new book releases, open registration for online courses, special pricing on books and spirituality materials and other helpful information. joanchittister.org

The Divine Mercy Novena

A novena is typically nine days of prayer in preparation of a celebration of a feast day. At the National Shrine of The Divine Mercy, the Chaplet of Divine Mercy Novena is recited perpetually at the Hour of Great Mercy — the three o'clock hour. thedivinemercy.org

Spring Challenge 2020

Alexis Waid

3 months of cleaning out the things in your life that are holding you back and replace them with God's love, truth and grace.

spirituallyhungry.com

ONLINE

Presence

The Mystery of the Eucharist

Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life.

formed.org

3-Minute Retreat

Mike Lorenzo

3-Minute Retreats invite you to take a short prayer break right at your computer. Spend some quiet time reflecting on a Scripture passage.

Knowing that not everyone prays at the same pace, you have control over the pace of the retreat. After each screen, a *Continue* button will appear.

loyolapress.com

BOOKS

The Cries of Jesus from the Cross

Archbishop Fulton J. Sheen

As death approaches, the human heart speaks its greatest words of love to those it holds most dear. So it was with Jesus who in His final hours gave us seven last "words" rich with spiritual meaning for every human soul.

From Ashes to Glory

Dan Schutte

A prayer book for Lent & Easter, with a companion music CD.

Alice Camille

Jesus' final sayings from the Cross reach far beyond Good Friday and the hill on Calvary.

PODCASTS

Interview with Michel Martin of NPR

Sister Joan speaks with Michel Martin of National Public Radio on the subject of Lent.

joanchittister.org

FAMILIES AND CHILDREN

Catholic I.Q. - Lent and Easter

David O'Brien

This quiz can help you and your family review your knowledge about our Catholic faith. Permission is granted to share at church, school, or at home.

catechist.com

Project YM Live

A Weekly Live Youth Night

Teens are able to log on Sunday nights for a free live broadcast! We've even got additional resources for parents and youth ministers to have follow up conversations with your teens after the broadcast.

projectym.com

Seven Last Words