



THE CHURCH OF ST. MARY  
serving together to build community in Christ

# EXTRAORDINARY MINISTER OF HOLY COMMUNION

[STMARYALEXANDRIA.ORG](http://STMARYALEXANDRIA.ORG)

# LITURGICAL MINISTRY

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## Extraordinary Minister of Holy Communion

### WHAT IS THIS MINISTRY?

Extraordinary Ministers of Holy Communion serve the community by assisting the priest in the distribution of the Body and Blood of Christ to the assembly during the celebration of Mass. Extraordinary Ministers of Holy Communion recognize the Body of Christ in those to whom they offer the Eucharist.

### WHO CAN VOLUNTEER?

- Any practicing Catholic of faith and prayer.
- Any person who has a love and devotion for the Eucharist.
- Any person who has the gift of hospitality.

### WHAT IS THE COMMITMENT?

- Serve approximately once a month.
- Assigned a team captain at the Mass time they prefer.
- Asked to attend one training session a year.

### HOW DO I GET STARTED?

Initial training and formation is provided.

To inquire or sign up:

- email [stmary@stmaryalexandria.org](mailto:stmary@stmaryalexandria.org) -OR-
- call the parish office at 320-763-5781 -OR-
- [stmaryalexandria.org/liturgical-ministry](http://stmaryalexandria.org/liturgical-ministry)



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