

MISSION STATEMENT

The Head, Heart, and Hands in Service outreach program will engage volunteers to share their presence, prayer, and deeds with the sick, elderly, or homebound through sacramental, spiritual, and charitable forms of service.



Bringing those not present at weekend liturgies into a full, active and conscious participation in our parish community.

A HEAD, HEART AND HANDS IN SERVICE VISIT WILL:

- Help build a bond between the elderly, homebound or ill parishioner and the parish
- Help make a connection that eases loneliness and isolation
- Help bring comfort and hope
- Show gratitude to the elderly and homebound for their many years of participation in our parish community
- Foster awareness and involvement in principles of Catholic social teaching (human dignity, call to family, community, and participation) for all parishioners

For more information, contact:

Kathy Fischer, Faith Community Nurse
The Church of St. Mary
320-762-2320
kfischer@stmaryalexandria.org



Head, Heart and Hands in Service



A ministry of care for the sick, elderly and homebound.



The Church of
St. Mary



Throughout the history of the Church, the ministry to the homebound has been a major part of the works of mercy in parish life. The mission of The Church of St. Mary is:

“To Know, Love and Serve God by Living the Eucharist.”

We celebrate the Eucharist as the source and summit of our faith, praying as Christ did — we share the Eucharist so all may be one, whether sick, elderly or homebound.



The purpose of this ministry is to gain greater awareness of our homebound parishioners, to recognize their tremendous contributions to the church, and to provide opportunities that allow them to experience closer ties with our parish family.

GOALS

The goals of this program are:

SACRAMENTAL

- To bring the Eucharist to those who are sick, elderly or homebound and unable to attend Mass in person
- To refer the elderly, sick or homebound to the Faith Community Nurse or Parish Priest as needed for sacraments or health support

SPIRITUAL

- To share prayer
- To bring bulletins
- To accept prayer requests
- To provide care notes, prayer cards, prayer shawls, and devotional items
- To include the homebound in the parish prayer activities and parish-related projects and organizations

CHARITABLE

- To provide service by performing: errands, correspondence, cognitive activities, telephone check-ins and visits
- To encourage other parish organizations, Faith Formation students, and St. Mary's School students to participate in this program
- To remember the homebound at special occasions, such as, birthdays, Christmas, anniversaries, special liturgical celebrations, etc.

INTERESTED IN LEARNING MORE ABOUT THIS MINISTRY?

- OR -

WOULD YOU OR SOMEONE YOU KNOW BENEFIT FROM HEAD, HEART & HANDS IN SERVICE?

CONTACT:

Kathy Fischer
St. Mary's Faith Community Nurse
320-762-2320
kfischer@stmaryalexandria.org

Ministers will be trained by the St. Mary's Faith Community Nurse and supported throughout the ministry.

